

Psychiatric Competency Self Assessment

Directions

Please circle a value for each question to provide us and the interested facilities with an assessment of your clinical experience. These values confirm your strengths within your specialty and assist the facility in the selection process of the healthcare professional.

	Experience
0	Not Applicable
1	No Experience
2	Some Experience (Require Assistance)
3	Intermittent Experience (May Require Assistance)
4	Experienced (Performs without Assistance)
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Print Name Last 4 Digits of SS# Date

Treatment Settings		Experience							
Inpatient hospital psychiatric unit	0	1	2	3	4	5			
Inpatient acute psychiatric facility	0	1	2	3	4	5			
Chronic psychiatric facility	0	1	2	3	4	5			
Outpatient clinic/community setting	0	1	2	3	4	5			
Forensic unit (prison)	0	1	2	3	4	5			
Eating disorder unit	0	1	2	3	4	5			
Substance abuse/rehab unit	0	1	2	3	4	5			
Locked unit/ward	0	1	2	3	4	5			

Legal/Ethical	Experience							
Advanced directives	0	1	2	3	4	5		
Legal right's of the mentally ill	0	1	2	3	4	5		
Informed consent	0	1	2	3	4	5		
Right to refuse treatment	0	1	2	3	4	5		
Voluntary commitment	0	1	2	3	4	5		
Involuntary commitment	0	1	2	3	4	5		
Restrictive devices (restraints)	0	1	2	3	4	5		
Use of seclusion	0	1	2	3	4	5		
Terrasoff "duty to warn"	0	1	2	3	4	5		

Emergency Care	Experience						
Use of rapid response teams	0	1	2	3	4	5	
Cardiac arrest/CPR	0	1	2	3	4	5	
Airway management	0	1	2	3	4	5	
Oxygen therapy	0	1	2	3	4	5	
Oral/nasotracheal suctioning	0	1	2	3	4	5	
Pulse oximetry	0	1	2	3	4	5	
IV therapy	0	1	2	3	4	5	
Start & maintaining peripheral IVs	0	1	2	3	4	5	



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Emergency Care - cont.	Experience					
Blood draw: venous	0	1	2	3	4	5
Infusion pumps	0	1	2	3	4	5

Skilled Nursing Care	Experience								
Assessment of circulation/peripheral pulses	0	1	2	3	4	5			
Blood Glucose Monitoring (BGM)	0	1	2	3	4	5			
Foley catheter insertion/maintenance	0	1	2	3	4	5			
NG tube insertion/maintenance	0	1	2	3	4	5			
Wound care/dressing changes	0	1	2	3	4	5			
Administration of blood/blood products	0	1	2	3	4	5			
Management of fluid/electrolyte balance	0	1	2	3	4	5			
Seizure precautions	0	1	2	3	4	5			
National Patient Safety Goals	0	1	2	3	4	5			
Accurate patient identification	0	1	2	3	4	5			
Effective communication	0	1	2	3	4	5			
Interpretation & communication of lab values	0	1	2	3	4	5			
Medication administration	0	1	2	3	4	5			
Awareness of HCAHPS	0	1	2	3	4	5			
Bar coding for medication administration	0	1	2	3	4	5			
Labeling (medications & specimens)	0	1	2	3	4	5			
Medication reconciliation	0	1	2	3	4	5			
Anticoagulation therapy	0	1	2	3	4	5			
Pain assessment & management	0	1	2	3	4	5			
Infection control	0	1	2	3	4	5			
Universal precautions	0	1	2	3	4	5			
Isolation	0	1	2	3	4	5			
Minimize risk for falls	0	1	2	3	4	5			
Prevention of pressure ulcers	0	1	2	3	4	5			

Clinical Assessment Tools	Experience					
Intelligence Assessment						
Wechsler Intelligence Scale (WAIS)	0	1	2	3	4	5
Wechsler Intelligence Scale for Children	0	1	2	3	4	5
Psychological Testing						
Minnesota Multiphasic Personality Inventory (MMPI)	0	1	2	3	4	5
Beck Depression Inventory (BDI)	0	1	2	3	4	5
Thematic Apperception Test (TAT)	0	1	2	3	4	5
Child's Apperception Test (CAT)	0	1	2	3	4	5



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Clinical Assessment Tools - cont.	Experience					
Informal cognitive status assessment	0	1	2	3	4	5
Mental status assessment	0	1	2	3	4	5
Gestalt test	0	1	2	3	4	5
Stanford-Binet test	0	1	2	3	4	5

Communication Techniques	Experience					
Active listening	0	1	2	3	4	5
Restatement/reflection	0	1	2	3	4	5
Clarification	0	1	2	3	4	5
Focusing	0	1	2	3	4	5
Confronting	0	1	2	3	4	5
Summarizing	0	1	2	3	4	5

Therapeutic Interventions	Experience					
Limit setting	0	1	2	3	4	5
Positive reinforcement	0	1	2	3	4	5
Reality orientation	0	1	2	3	4	5
Questioning	0	1	2	3	4	5

Psychiatric Disorders	Experience					
Mood Disorders						
Major depression	0	1	2	3	4	5
Dysthymia	0	1	2	3	4	5
Bipolar disorder (manic-depressive illness)	0	1	2	3	4	5
Type I	0	1	2	3	4	5
Type II	0	1	2	3	4	5
Anxiety Disorders						
GAD - Generalized Anxiety Disorder	0	1	2	3	4	5
Panic	0	1	2	3	4	5
Post Traumatic Stress Disorder	0	1	2	3	4	5
Obsessive-compulsive	0	1	2	3	4	5
Phobias	0	1	2	3	4	5
Psychotic Disorders						
Schizophrenia	0	1	2	3	4	5
Schizoaffective disorder	0	1	2	3	4	5
Schizophreniform disorder	0	1	2	3	4	5
Personality Disorders						
Antisocial	0	1	2	3	4	5



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Psychiatric Disorders - cont.	Experience					
Passive/aggressive	0	1	2	3	4	5
Paranoia	0	1	2	3	4	5
Borderline	0	1	2	3	4	5
Schizotypal personality disorder	0	1	2	3	4	5
Congenital Disorders						
Mental retardation	0	1	2	3	4	5
Down's syndrome	0	1	2	3	4	5
Cystic fibrosis	0	1	2	3	4	5
Cerebral palsy	0	1	2	3	4	5
Spina bifida	0	1	2	3	4	5
Degenerative Disorders						
Alzheimer's disease	0	1	2	3	4	5
Parkinson's disease	0	1	2	3	4	5
Huntington's chorea	0	1	2	3	4	5
Eating Disorders						
Anorexia nervosa	0	1	2	3	4	5
Bulimia nervosa	0	1	2	3	4	5
Pica	0	1	2	3	4	5

Crisis Management		Experience				
Homicide	0	1	2	3	4	5
Suicide/suicide precautions	0	1	2	3	4	5
Rape	0	1	2	3	4	5
Violence/family & individuals	0	1	2	3	4	5

Substance Use / Abuse	Experience					
Withdrawal syndrome	0	1	2	3	4	5
Alcohol or ETOH	0	1	2	3	4	5
CIWA scale	0	1	2	3	4	5
Delirium tremens (DTs)	0	1	2	3	4	5
Wernicke-Korsakoff	0	1	2	3	4	5
Drug Use/Abuse						
Hallucinogenics	0	1	2	3	4	5
Opiates	0	1	2	3	4	5
Heroin	0	1	2	3	4	5
Prescription	0	1	2	3	4	5
Stimulants (amphetamines/cocaine/MDMA)	0	1	2	3	4	5
Benzodiazepine	0	1	2	3	4	5



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Substance Use / Abuse - cont.	Experience					
Drug withdrawal/detoxification	0	1	2	3	4	5
COWS scale for opiate withdrawal symptom assessment	0	1	2	3	4	5

Sexuality Dysfunction		Experience				
Gender Identity Disorders						
Paraphilias	0	1	2	3	4	5
Psychosexual dysfunctions	0	1	2	3	4	5

Child/Adolescent Dysfunction	Experience					
Conduct disorder	0	1	2	3	4	5
Separation anxiety disorders	0	1	2	3	4	5
ADHD (Attention Deficit Hyperactivity Disorder)	0	1	2	3	4	5
ADD (Attention Deficit Disorder)	0	1	2	3	4	5
Elimination Disorders						
Encopresis	0	1	2	3	4	5
Enuresis	0	1	2	3	4	5
Pervasive Developmental Disorders						
Autism	0	1	2	3	4	5
Asperger's syndrome	0	1	2	3	4	5
Rett syndrome	0	1	2	3	4	5
Self destructiveness	0	1	2	3	4	5
Suicidal behavior	0	1	2	3	4	5
Runaway behavior	0	1	2	3	4	5
Substance abuse	0	1	2	3	4	5
Delinquent behavior	0	1	2	3	4	5
Neglect/lack of parental involvement	0	1	2	3	4	5
Physical/sexual abuse	0	1	2	3	4	5
Care of the patient with delusions	0	1	2	3	4	5
Care of the patient with hallucinations	0	1	2	3	4	5

Therapeutic Approaches	Experience					
Psychotherapy	0	1	2	3	4	5
Behavior therapy	0	1	2	3	4	5
Milieu management	0	1	2	3	4	5
Relationship/family therapy	0	1	2	3	4	5
Electroconvulsive Therapy (ECT)	0	1	2	3	4	5
Crisis counseling	0	1	2	3	4	5
Behavior modification	0	1	2	3	4	5
Group therapy	0	1	2	3	4	5



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Medications	Experience					
Analgesics/narcotics (MS, Dilaudid, Demerol, fentanyl, methadone) 0 1 2 3 4					4	5
Antidepressants (TCA, MAOIs, SSRIs)		1	2	3	4	5
Antiolytics (Valium, Ativan, Xanax)		1	2	3	4	5
Antiparkinson (levodopa, Sinemet)	0	1	2	3	4	5
Antipsychotic (Thorazine, Haldol, zyrexa, Seroquel)	0	1	2	3	4	5
Mood stabilizer (lithium, Depakote, Tegretol)	0	1	2	3	4	5
Automated Dispensing System, Pyxis, Omnicell, or other	0	1	2	3	4	5

Age Specific Competencies	Experience					
School age (ages 6-12 years)	0	1	2	3	4	5
Adolescents (ages 13-21 years)	0	1	2	3	4	5
Young adult (ages 22-39 years)	0	1	2	3	4	5
Adults (ages 40-64 years)	0	1	2	3	4	5
Older adult (ages 65-79 years)	0	1	2	3	4	5
Elderly (ages 80+ years)	0	1	2	3	4	5

Please list any Additional Skills:		
1.	2.	
3.	4.	
Additional training:		
1.	2.	
3.	4.	
Additional equipment:		
1.	2.	
3.	4.	

Fax to: 1-888-298-3146

The information on this and all preceding pages is true and correct.					
Signature	Date				